



Work to live.

Psychological Health and Safety Community of Practice

September 2, 2025

10:00 am – 11:30am

Agenda

1. Welcome to participants
2. Land Acknowledgement
3. Introduction to PHS CoP
4. Guest Speaker: Ian Lewis, SGI
5. Question period
6. WorkSafe SK PHS Resource Centre Review & Consulting
7. Feedback Survey Access
8. Closing Remarks

Land Acknowledgment

The Saskatchewan Workers' Compensation Board acknowledges that its Regina and Saskatoon offices are located on the traditional lands of various First Nations, and homeland of the Métis Nation, whose ancestors and families have lived here for thousands of years. This land has been part of the fabric of the life of Indigenous communities and will be long into the future.

As we gather today on Treaty 4 and Treaty 6 territory, we acknowledge the harms and mistakes of the past and affirm our commitment to move forward in partnership with Indigenous peoples in the spirit of reconciliation and collaboration.

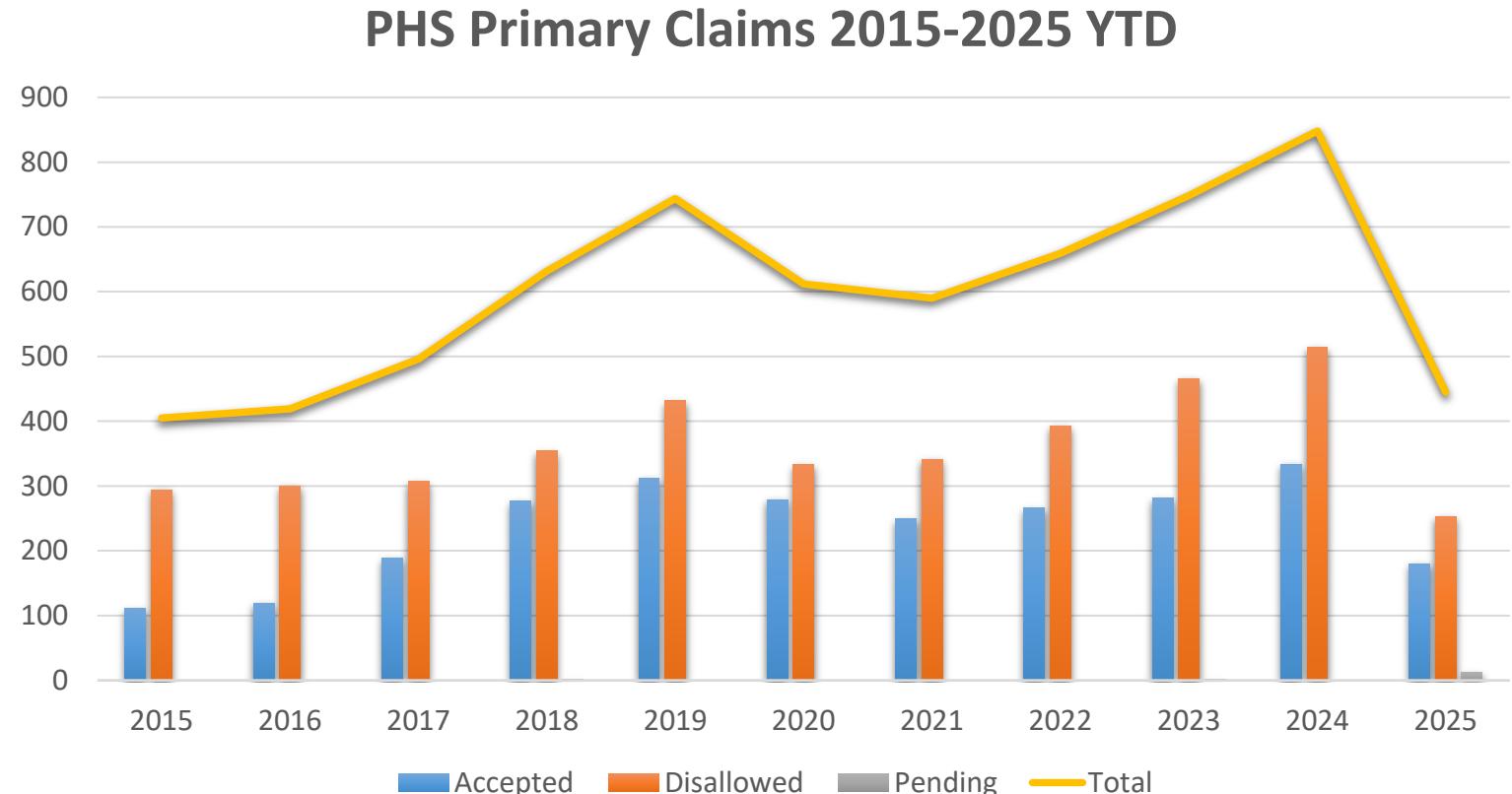
It is with gratitude that we now live, learn and work here where the past, present and future of Indigenous and non-Indigenous Peoples come together.



[University of Saskatchewan](#)

WCB PHS Claims Data

- *The data indicates claims are on the rise*
- *The costs for these claims are high and take a long time to get to recovery (8 x higher cost)*



PHS Community of Practice

Our mission and goals

Mission

- To actively promote psychological health and safety management systems and provide Saskatchewan Employers with information on leadership, best practices, resources, awareness, education, training, and supports.

Goals

- The community of practice is committed to help employers understand psychological health and safety in the workplace, the different topics involved and suggestions for implementation in order to prevent psychological injury to workers.
- Create a space where employers can collaborate, connect, share experiences and learn from each other and from subject matter experts.

Guest Speaker



Ian Lewis,
Wellness Specialist
SGI

Resources

Resources

- <https://www.worksafesask.ca/fatalities-and-serious-injuries/>
- <https://www.worksafesask.ca/resources/psych-health-safety-resource-centre/>
- PHS Community of Practice Sharepoint Site
- WCB Account Manager – provide consultation on PHS Standard implementation



PHS Resource Centre



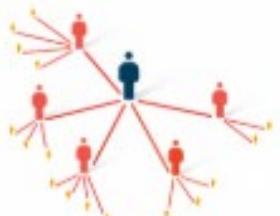
Workplace psychological
health and safety



Psychologically safe
leadership



Information on
high risk occupations



Tools and resources
for leaders



Tools and resources
for workers



Tools and resources
for employers



Mental health resources



Webinars,
workshops and events



Contact us and FAQs

- the 13 psychosocial factors
- Tools for leaders, workers and employers
- Links to additional resources across Canada and the globe
- Training resources
- Links to mental health services in Saskatchewan

PHS Community of Practice Sharepoint

- If you don't have access please send an email to chorton@wcbsask.com
- Session information and presentations

External Sharing > WorkSafe SK PHS Community of Practice

	Name	Modified
	Jay Lamont Presentation June 3, 2025.pdf	June 6
	Kaminski PPT Mar 4, 2025.pdf	June 6
	PHS CoP Newsletter Issue 1 March 2025.pdf	June 6
	Session Feedback Survey 2025.pdf	June 6
	WCB PPT PHS CoP Mar 4, 2025.pdf	June 6
	WorkSafe_PHS CoP June 3 recording.mp4	June 9

- Questions or comments.....

Feedback Survey

Please provide feedback on today's session

Next Session: Dec 2, 2025 @ 10am with guest speaker Dr. Joti Samra, MyWorkplace

