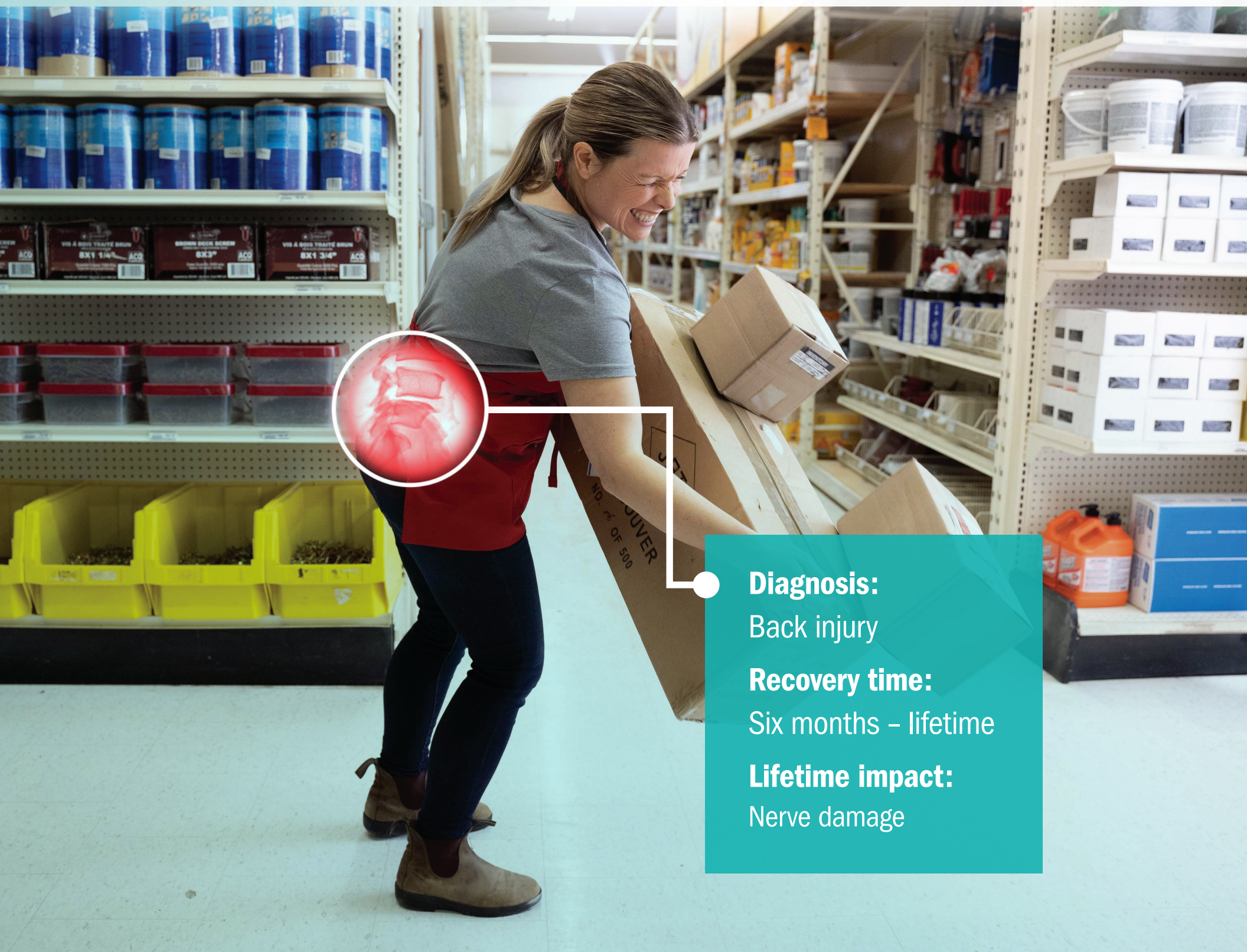


Slips, trips and falls can have a lifetime impact.



Diagnosis:

Back injury

Recovery time:

Six months – lifetime

Lifetime impact:

Nerve damage

Slips, trips and falls are the second leading cause
of serious workplace injuries in Saskatchewan.



Don't rush –
take your time.



Check your surroundings,
even for regular everyday activities.



Practice good housekeeping
and keep walkways clear.