

Slips, trips and falls can have a **lifetime impact.**



Diagnosis:

Torn ligament

Recovery time:

Six months – lifetime

Lifetime impact:

Permanent disability

**Slips, trips and falls are the second leading cause
of serious workplace injuries in Saskatchewan.**



**Don't rush –
take your time.**



**Check your surroundings,
even for regular everyday activities.**



**Practice good housekeeping
and keep walkways clear.**