

Slips, trips and falls can have a **lifetime impact.**



Diagnosis: Wrist fracture

Recovery time: 2 months – lifetime

Lifetime impact: Painful arthritis

Slips, trips and falls are the second leading cause
of serious workplace injuries in Saskatchewan.



Don't rush –
take your time.



Check your surroundings,
even for regular everyday activities.



Practice good housekeeping
and keep walkways clear.