

Supporting Return to Work for Psychological Injuries

Resource List

- [Cupe.ca](https://cupe.ca) – What is the duty to accommodate?
- Web Article: Psychological Injury and Harassment in the Workplace, MLT Aikens (mltaikens.com)
- Workplace Strategies for Mental Health – workplacestrategiesformentalhealth.com
- Saskatchewan Human Rights Commission – saskatchewanhumanrights.ca
- A Guide for Managing the Return to Work – Canadian Human Rights Commission (chrc-ccdp.gc.ca/eng/content/guide-managing-return-work)
- Not Myself Today – notmyselftoday.ca (tools to help build a mentally healthy workplace)
- You Tube – search “talking about mental health like physical health”
- Mental Health Commission Canada – National Standard for Psychological health and safety in the workplace (mentalhealthcommission.ca)
- BOOK: The Fearless Organization: Creating Psychological Safety in the Workplace for Learning, Innovation and Growth, Amy C. Edmondson
- PHS Certification: psychologicalhealthandsafetycertification.com