Wash your hands to prevent the spread of germs, bacteria & viruses

1. Wet hands and add soap
2. Scrub palm to palm and palm to back of hand
3. Scrub between fingers and your thumb
4. Scrub your fingertips into your soapy palms
5. Rinse well
6. Dry hands completely and shut tap off with paper towel

Scrub for a full 15 seconds
That is a full song of the A,B,C’s or a full song of Happy Birthday.